1) Name one idea from the videos above that you'd love to implement.  Why?  
  
- I would love to implement an adjustable desk. I want to be able to stand and sit while I’m working because sitting all day isn’t comfortable for me.

2) If money is no object, what would your perfect programming environment look like?  
  
- I would first make sure I have an adjustable desk. I would also like to have multiple monitors or a huge monitor that is sleek so that it looks clean. I would like to have a cute keyboard that’s different from the standard one. I would want to have plants around me to help me relax and feel grounded. Also, a good light that allows me to see and have multiple colors so I can set the mood. Lastly, I would need a very comfortable chair.

3) Would you listen to music or watch vids while programming?  If so, of what type?  (Give a youtube.com or other example)

- Sometimes I listen to music, and I like to listen to all sorts of things. I tend to listen to dark academia playlists and others that really transport me to a specific location or period in time. When I’m really stressed or need some sort of boost, I’ll actually listen to frequency sounds and binaural beats.

<https://www.youtube.com/watch?v=VrnuVOoumDQ&t=5744s> (I listened to this yesterday to help me gain confidence for a presentation)

<https://www.youtube.com/watch?v=2e4KLPu8fPo&t=3024s>

4) Provide a link to an additional resource that might be helpful to others as they build up their development environment.  
  
- <https://www.notion.so/> Notion is helpful in staying organized and on track

5) Please add an additional item or thought you have about making the perfect programming environment.

- A clean space is very important to me when it comes to a perfect programming space.